## EMU CREEK STATE SCHOOL

Term 2
Monday 29th April

What a busy and exciting start to Term 2. Firstly, congratulations to every one of our students for their excellent behaviour at Piton Cross Country. The principal of Pilton, Mr Robertson, passed on a message that Emu Creek students were extremely well behaved and respectful on the day. It is wonderful to receive this positive acknowledgement from other principals.

I continue to be impressed by the amazing achievements of students at Emu Creek, both in their learning, and when representing our school at various events. Congratulations to the following students:

* Zoe for achieving 2nd place in the U12 girls 3km Cross Country.
* Issy for achieving 5th place in the U11 girls 3km Cross Country.

Both Zoe and Issy will be representing Central Downs at the Southern Downs Cross Country Thursday 2nd May.

- Issy for achieving champion in the 60 cm primary group at the Glennie Interschools before the holidays. Issy was also awarded Reserve Champion in the primary age dressage this Saturday at the Fairholme All Schools, followed by Champion in the Show jumping 60cm group on Sunday.
- Marnie for achieving 1st place in the Prep Fun Run.
- Year 6 students-Harry, Shamilla and Zoe for achieving first place in the Term 12024 Japanese Battle of the Classes. Term 1 champions!
- Zoe and Madie reading the weather for our local Triple M radio station. Due to their lovely manners and respectful behaviour, Emu Creek was chosen as the Triple M School o the Month and we will receive $\$ 1000$ to spend at Hervey Norman.


## Special Parade with Triple M

Wednesday 1st May we will be having a special parade with Lee and Bobbie from Triple M at 10 am . Lee, Bobbie and a representative from Hervey Norman will come along to present our school with the $\$ 1000$ cheque for School of the Month, as well as speak to the students about a career in radio, and bring some morning tea! Parents are welcome to attend.

## Anzac Day

Thank to our many families who attended Thursday's service at Greenmount. I'm extremely proud of our school and students. Our students demonstrated excellent behaviour throughout the entire service and our senior student completed their part with great respect for the occasion. Thank you also to staff who supported me on the day, and the parents who helped me with the shade structure.

## Chappy Annette

Chappy Annette returns to work this Thursday and I know there will be many students and families excited to catch up with her. Please make her feel welcome.

## Fire Drill

This week, we will be having a fire drill to practise our evacuation routines. The time and day of the fire drill will be a surprise for students and staff. If you arrive at school at any time and hear our fire alarm, please walk with your child to the safety of the shade structure on the oval.

## Premier's Reading Challenge

The Premier's Reading Challenge will begin in May. The challenge is for students in Prep-Year 3 to read 20 books, and students in Y4-5-6 to read a minimum of 15 books. Books can be read by the student, or a parent can read to their child and these books still count! We encourage all of our students to participate in this challenge. Students who successfully finish the challenge receive a certificate from the premier. Please read the attached letter for more information. Thank you to Mrs Middleton for organising this. May

Congratulations to our Week 1-2 Award Winners: Harry G, Carmi, Theo, Moriah, Issy, Carter, Harry J, Shamilla


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## After School Sport-Term 2

Our school was fortunate enough to receive funding again to run an after school sports program in Term 2, 1 day a week. I am currently in the process of organising this with Athletics Australia to provide a Little Athletics program for our students for $5-6$ weeks. We have some very keen students who are eager to give their best shot in the track and field events at the upcoming athletics carnivals, and we are hoping that Little Athletics will support them to develop their skills.
Athletics Australia have made a special request-that students who participate must commit to attending a minimum of 4 of the sessions. Last term, during AFL, we had some students who did not want to attend or stay after school. We've asked these students to talk to their parents and let them know that they do not want to participate. This term, if children are upset and not wanting to attend, we will be contacting parents and asking them to come and pick up their child.

## Mayoral Morning Tea

On Thursday 18th April, our student leaders, Shamilla, Zoe and Harry attended the annual Mayoral Morning Tea. This year, 51 primary schools attended the event with Mayor Geoff McDonald, Cr Carol Taylor, Cr Kerry Shine, Cr Edwina Farquahar and Cr Trevor Manteufel. During Mayor McDonald's address, he gave three challenges to our leaders.

1. Think about your personal values.
2. Consider a legacy that your leadership team will leave.
3. Celebrate your successes.

He reminded all present that leaders are looked upon by others, and that we have two eyes, two ears and one mouth and we should use them in the same quantities. He shared his personal values connected with the acronym GREAT-Grateful, Respectful, Energetic Attitude, Trustworthy.
We also heard from the student leaders at Back Plains, Gabbinbar and Holy Name. Back Plains leaders, Taylor and Imogen, spoke of the unique opportunity that leaders have to inspire others.
The morning tea was an opportunity to meet other student leaders and learn more about leadership.

## Healthy Eating

Following on our work with the QCWA Country Kitchens cooking team, students have been learning about healthy eating in class. Some year levels have a task where they keep a diary of what they eat and then they will make suggestions on how they could make their eating healthier. They will be assessed on the suggestions and recommendations that they make to improve their eating. As we completed this task, we did notice a concerning pattern for breakfast and that approximately $1 / 3$ of our students are having their first meal of the day at fruit snack (10am) or first break (11:15am). Students did admit that Mum/Dad ask them what they want for breakfast, and they respond "Nothing". When you look at the table below, which student is going to have the most 'brain energy' to complete their learning in our morning session? Which student/s might experience brain fog or not concentrate very well? Please encourage your child to eat a healthy breakfast every morning so that they can be focused and ready for learning for the entire day.

|  | Student 1 | Student 2 | Student 3 | Student 4 |
| :--- | :--- | :--- | :--- | :--- |
| Breakfast | Nothing | Nothing | Nothing | Weetbix |
| Morning Tea <br> Second Break | Sandwich <br> Chips | Sandwich <br> Fruit | Sandwich <br> Apple | Wrap, apples, grapes <br> Shapes, grapes, chips |
| Snacks/Drinks | Coke, Soft drink | Cereal, water | Water | Fruit, water |
| Dinner | Pizza-but I don't like <br> it so I ate nothing | Sausage, steak and <br> mash potato | Roast and veggies | Mince on a bun, veg- <br> gies grated in the mince |

## P\&C News

Big thanks to everyone that volunteered at the clearing sale. We profited $\$ 1620$ from the day.
We are still finalising everything for our Trivia Night which is in less than 2 weeks.
If anyone would like to book tickets, we still have tables available.
We are also looking for volunteers to pick up donated raffle prizes throughout the next 2 weeks.
We have prizes to collect from Toowoomba, Clifton, Pilton, Allora etc. so would be great if anyone could reach out if they are headed that way.

We are also looking for a few volunteers to assist on the night - Saturday 11th May, if anyone is available to help.

